



Course Outline

2026-2027 Catalog

NSG 78 - Clinical Nursing IV

Catalog Description

Transfer Status: CSU

Prerequisite: NSG 61, NSG 67, NSG 68, NSG 69

Corequisite: NSG 74, NSG 77, NSG 79

Unit(s): 5.00

Lab: 255.00 Contact hours/0.00 Out of class hours/255.00 Total hours/5.00 Unit(s)

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Course Description: This course is an exploration of the various preventive and treatment methods used within interdisciplinary settings for persons experiencing various psychosocial/development disorders. Observation and participation in a variety of community mental health settings allows the student to use the theory in supervised practice. In addition, students will utilize the nursing process to generate nursing decisions in providing care in the hospital setting for adult clients with multiple system disorders, unstable medical conditions, and critical health care disorders. Pass/No Pass only.

Objectives

Upon successful completion of this course, the student should be able to:

1. Formulate nursing diagnoses based on information gathered from a variety of sources.
2. Assess and evaluate in the clinical situation the combinations of signs, symptoms, diagnostic data, and/or disturbed communication patterns that signal possible existence of multiple, unstable and/or critical health care problems or psychopathology.
3. Formulate, plan and prioritize individualized care for clients based on nursing diagnoses.
4. Initiate and maintain care plans utilizing advanced nursing techniques to carry out nursing measures and delegated medical techniques.
5. Evaluate effectiveness of nursing interventions and short-term goals to apply appropriate modifications, based on assessment data, predetermined outcome criteria and ongoing client responses to the care delivered by the nurse.
6. Maintain accurate, effective, and therapeutic written, verbal, and nonverbal communications with clients, families, and members of the healthcare team, seeking guidance when appropriate.
7. Manage individualized care of clients utilizing theoretical principles of supervision and management.
8. Participate in collaboration and referral to facilitate client's return to the community.
9. Utilize the nursing process to implement and evaluate formal and informal teaching for clients, families, and communities in order to provide optimal nursing care to clients.
10. Provide care within legal and ethical parameters consistent with professional standards of registered nursing practice consulting with other health care professionals and advocating for clients when appropriate.

Course Content

Topic Titles / Suggested Time Topic	
	<u>Lab</u>
<u>Topics</u>	<u>Lab Hrs</u>
Psychiatric Nursing/Mental Health	64.00
Adults with multiple systems disorders	63.00
Adults with unstable/critical care disorders	64.00
Nursing Simulation	64.00
Total Hours: 255.00	

Methods of Instruction

- A. Demonstrations
- B. Discussion
- C. Field Experience/Internship
- D. Group Discussions

Methods of Evaluation

- A. Demonstration
- B. Class participation
- C. Written Assignments
- D. Practical Evaluations
- E. Class Discussion

- F. Clinical Observations and Conferences, Student self-evaluation and instructor evaluation of completion of objectives, using a specific evaluation tool.

Examples of Assignments

Reading Assignments

1. After completion of the emergency department clinical experience, read a nursing journal research article and write a critical appraisal of the article and compare the article to their clinical experience.
2. Read the chapter on communication techniques. Describe therapeutic and non-therapeutic verbal communication techniques. Be prepared to discuss in small groups in class.

Writing Assignments

1. Spend one day of clinical rotation in the medical-surgical area collecting data for the "Critical Thinking Exercise". Use data collected to write a critical appraisal and demonstrate understanding of key theoretical concepts addressed in NSG 77 and NSG 78.
2. Complete two reflective (self-assessment) writings during the mental health rotation. Submit your writings by the assigned dates.

Recommended Materials of Instruction

Harding, M. et. al. (2023). Lewis's Medical Surgical Nursing: Assessment and Management of Clinical Problems. *Mosby*, 12th. 9780323792424.

Halter, M. (2022). Varcolis' Foundation of Psychiatric Mental Health Nursing: A Clinical Approach. *Elsevier*, 9th. 9780323697071.

Doenges, M., Moorhouse, M., & Murr, A. (2022). Nurses Pocket Guide, Diagnosis, Prioritization, Interventions and Rationales. *F. A. Davis*, 16th. 9781719643078.

Deglin, J., & Vallerand, A. (2023). Davis' Drug Guide for Nurses. *F. A. Davis*, 18th. 9781719646406.

Other Learning Materials

Handbook of Rights for Mental Health Patients; available in clinical facilities.

Diagnostic and Statistical Manual of Mental Disorders-IV; available in clinical facilities.

References for mental Health clinical rotations; available in clinical facilities.

Minimum Qualifications

Nursing Sci/Clinical Practice

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