

**NSG 74 - Associate Degree Nursing Capstone****Catalog Description**

Transfer Status: CSU

Prerequisite: NSG 61, NSG 67, NSG 68, NSG 69

Corequisite: NSG 77, NSG 78, NSG 79

Unit(s): 2.00

Lecture: 34.00 Contact hours/68.00 Out of class hours/102.00 Total hours/2.00 Unit(s)

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Course Description: This course provides an opportunity for students enrolled in the Associate Degree Nursing (ADN) program to develop skills in leading and managing patient care and prepare for passage of the licensure examination. Content includes presentation of the registered nurse's role in planning, organizing, staffing and directing safe patient-centered care. Professional and social issues in leadership and management will also be discussed. Graded only.

Objectives

Upon successful completion of this course, the student should be able to:

1. Describe concepts of the integrated roles of leading, managing, and following within the nursing staff role.
2. Utilize knowledge of legal issues, ethical principles, and organizational structure in effective patient advocacy.
3. Apply effective communication, conflict resolution, change management, and leadership skills to promote collaborative interdisciplinary patient centered care.
4. Identify nursing interventions necessary to maintain a safe environment for patients and staff.
5. Demonstrate proficiency in personal professional career management.
6. Describe the scope of practice for the registered nurse in California.
7. Utilize the skills in the adopted and integrated review program for licensure examination.

Course Content

Topic Titles / Suggested Time Topic	
<u>Lecture</u>	
<u>Topics</u>	<u>Lec Hrs</u>
Professional Considerations: The integrated roles of leading, managing and following; Legal Issues; Ethical Issues in Nursing; Organizations, Power, and Empowerment; and Patient Advocacy	10.00
Working within the organization: Teamwork; Problem Solving/Conflict Management; The Change Process; Delegation /Supervision; Quality and Safety; Evidence-based Practice; Continuity of care; Interdisciplinary Planning; and BRN Scope of Practice	12.00
Professional Issues: Workplace Health and Safety; Stress and Burnout; Time Management; and Career Management	6.00
Preparation for the licensure exam: identifying content areas that each student needs to remediate, learning and incorporating strategies to aid in licensure examination success.	6.00
Total Hours:	34.00

Methods of Instruction

- A. Discussion
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Lecture
- D. Assigned readings
 - Written assignments
 - Case studies for problem solving
 - Adopted and integrated licensure review course materials.

Methods of Evaluation

- A. Papers/Reports, Class Presentations, In class assignments, Computerized proctored and non-proctored quizzes and exams

Examples of Assignments**Reading Assignments**

1. Read the Chapter in your textbook on Leadership Styles and come to class prepared to discuss these styles..
2. Read the Chapter in your textbook about communication types and styles including verbal and non-verbal communication. Be prepared to apply this information during class during mock interviews.

Writing Assignments

1. Write a final cover letter and resume prepared for a potential employer using lecture materials, feedback received on your drafts, and the grading rubric.
2. Complete the Leadership Management Style Self-Assessment, considering information from the lecture on leading and managing.

Out-of-Class Assignments

1. Complete and remediate at least five tests to evaluate content area that needs improvement for licensure exam success.
2. Attend examination and review course offered by adopted and integrated review program for licensure examination success.

Recommended Materials of Instruction

Kelly, P. (2012). Nursing Leadership and Management. *Clifton Park: Cengage Learning, 3rd.*

Other Learning Materials

Case Studies

Materials provided by adopted and integrated review program for licensure examination.

Minimum Qualifications

Nursing (Masters Required)

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