



NSG 7 - Accelerated Track Normal and Advanced Obstetrics Nursing

Catalog Description

Transfer Status: CSU

Prerequisite: Admission to Accelerated Track Registered Nursing Program

Unit(s): 1.50

Lecture: 25.50 Contact hours/51.00 Out of class hours/76.50 Total hours/1.50 Unit(s)

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Course Description: This course utilizes the conceptual framework of the nursing curriculum to provide the foundation for nursing practice. Common threads integrated throughout the program are nursing process, nutrition, medication administration, cultural diversity, communication and professional roles. Topics include an introduction to nursing care, legal and ethical aspects, therapeutic communication, and concepts underlying current professional practice. This course provides a foundation to prepare the student to use critical thinking and the nursing process in providing direct patient care. Graded only.

Objectives

Upon successful completion of this course, the student should be able to:

1. Identify principles of effective communication that demonstrate caring, sensitivity, and cultural awareness for clients in maternal-newborn settings and with reproductive system disorders.
2. Describe the nursing and medical management for clients with reproductive system disorders.
3. Categorize principles of assessment based on functional health patterns for clients in maternal-newborn settings and with reproductive system disorders.
4. Utilize critical decision-making skills to discuss the health care for clients in maternal-newborn settings and with reproductive system disorders.
5. Describe caring interventions for clients in maternal-newborn settings and with reproductive system disorders.
6. List and describe principles of teaching and learning for clients in maternal-newborn settings and with reproductive system disorders.
7. Describe the nursing and medical management for clients with low risk pregnancy, and labor, and delivery.
8. Describe the nursing and medical management for clients with high risk pregnancy, and labor, and delivery.
9. Describe nursing care and medical management for the low and high risk newborn.
10. Explain cultural care considerations for clients in the maternal-newborn setting, and with reproductive disorders.

Course Content

Topic Titles / Suggested Time Topic	
	<u>Lecture</u>
<u>Topics</u>	<u>Lec Hrs</u>
Assessment and Management: Male Reproductive Process (Normal and Advanced)	2.00
Assessment and Management: Female Reproductive Process (Normal and Advanced)	4.00
Human Reproduction (Normal and Advanced)	3.50
Pregnancy, Labor and Delivery (Normal and Advanced)	4.00
High Risk Pregnancy, Labor and Delivery	5.00
Postpartum and Newborn Care (Normal and Advanced)	3.50
High Risk Newborn Care	3.50
Total Hours: 25.50	

Methods of Instruction

- A. Class Activities
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Lecture
- D. Multimedia Presentations

Methods of Evaluation

- A. Exams/Tests
- B. Homework
- C. Class participation
- D. Short papers

Examples of Assignments

Reading Assignments

1. Read the Apgar scoring system in your textbook and be prepared to discuss in class.
2. Read the degrees of episiotomies and/or lacerations in your textbook and relate the information to a patient you have cared for.

Writing Assignments

1. Complete the Pregnancy worksheet using your textbook and other sources for reference while in clinical.
2. Complete the Labor and Delivery worksheet using your textbook and other sources for reference during clinical.

Out-of-Class Assignments

1. Review the Pitocin Induction/Augmentation drip rate calculation. Be prepared to discuss in class.
2. Wear the "Empathy Belly" for 4 hours and be prepared to discuss your experience in class.

Recommended Materials of Instruction

Harding, M. Kwong, D. Hagler, D. Roberts, & C. Reinisch, Eds. (2022). *Lewis's Medical Surgical Nursing - Assessment and Management of Clinical Problems*. Elsevier, 12th. 978-0-323-82519-1.

McKinney, E., et al. (2018). *Maternal Child Nursing*. Elsevier, 6th. 978-0-323-75146-9.

McKinney, E., et al. (2018). *Study Guide for Maternal Child Nursing*. Elsevier, 6th. 978-0-323-71189-0.

Minimum Qualifications

Nursing (Masters Required)

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Date: 03/10/2025