



NSG 56 - Clinical Nursing I

Catalog Description

Transfer Status: CSU

Prerequisite: Admission to Associate Degree Nursing Program

Corequisite: NSG 54, NSG 55

Unit(s): 5.00

Lab: 255.00 Contact hours/0.00 Out of class hours/255.00 Total hours/5.00 Unit(s)

Total: 255.00 Contact hours/0.00 Out of class hours/255.00 Total hours/5.00 Unit(s)

Course Description: This course applies theory from Foundations of Practice and Medical Surgical Nursing I to the hospitalized client utilizing simulated skills lab and clinical experiences in hospitals to provide services to adult clients. Emphasis will be placed upon the role of the registered nurse in delivery of basic bedside care, medication administration, and applying the nursing process to delivery of safe care. Pass/No Pass only.

Objectives

Upon successful completion of this course, the student should be able to:

1. Apply the standards of professional practice, including legal, ethical and regulatory framework to delivery of basic nursing care.
2. Demonstrate basic therapeutic communication.
3. Perform basic health assessment.
4. Apply the steps of the nursing process to delivery of care.
5. Identify the client's values, customs, and cultural habits that affect delivery of care.
6. Collaborate with the members of the healthcare team.
7. Discuss cost efficient strategies to delivery nursing care.
8. Demonstrate use of technology in the healthcare environment.

Course Content

Topic Titles / Suggested Time Topic	
	<u>Lab</u>
<u>Topics</u>	<u>Lab Hrs</u>
Therapeutic Environment: Hygiene	16.00
Therapeutic Environment: Mobility, Skin integrity	16.00
Therapeutic Environment: Safety and Mobility	16.00
Therapeutic Environment: Nutrition, Urinary and Bowel Elimination	32.00
Medication Administration	32.00
Health Assessment and Physical Examination	32.00
Nursing Process and Documentation	47.00
Medical/Surgical nursing care in the acute hospital	64.00
Total Hours: 255.00	

Methods of Instruction

- A. Demonstrations
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Skills lab practice
Clinical client care in hospitals

Methods of Evaluation

- A. Demonstration of basic skills learned in the nursing skills lab, Clinical Evaluations, Clinical Worksheets, Direct Observation

Examples of Assignments

Reading Assignments

1. Utilize "Fundamentals of Nursing" text "to learn rationale for each step involved in changing a sterile dressing." Be prepared to discuss these with lab partners.
2. Use the "Fundamentals of Nursing" text to review how to insert an indwelling urinary catheter. Be prepared to carry out the procedure in the nursing skills lab.

Writing Assignments

1. Complete the worksheet "needle lengths and gauges" prior to "the skills lab on syringes."
2. Complete the physical assessment worksheet using "Fundamentals of Nursing" text and health assessment handbook as references.

Out-of-Class Assignments

1. View DVD/online skills video on how to put on sterile gloves prior to lab.
2. Complete the self assessment worksheet of perceived competency for the assigned skill, nasogastric tube insertion, prior to mastery testing.

Recommended Materials of Instruction

Pagana, K., & Pagana, T. (2018). Manual of Diagnostic and Laboratory Tests. *St Louis: Elsevier, 6th.*

Potter, P.A., and Perry, A.G. (2017). Basic Nursing: Essentials for Practice. *St. Louis: Mosby, 9th.*

Deglin, J.H. & Vallerand, A.H. (2017). Davis's Drug Guide for Nurses. *Philadelphia: F.A. Davis, 15th.*

Carpenito-Moyet, L.J. (2010). Nursing Diagnosis: Application to Clinical Practice. *Lippincott Williams and Wilkins, 13th.*

Olsen, J.L. (2011). Medical Dosage Calculations. *Pearson Prentice Hall, 10th.*

Lewis, S., Heitkemper, M. & Dirksen, S., O'Brien, P. & Bucher, L. (2018). Medical Surgical Nursing - Assessment and Management of Clinical Problems. *St Louis: Elsevier, 10th.*

Other Learning Materials

Mosby's Nursing Video Skills-Basic, Intermediate, and Advanced. Mosby. 3rd edition. 2009

Minimum Qualifications

Licensed Vocational Nursing

Nursing (Masters Required)

Created/Revised by: Bowles, Laurie

Date: 03/10/2025