



NSG 28 - Role Development

Catalog Description

Transfer Status: CSU

Prerequisite: Admission to Vocational Nursing Program

Corequisite: NSG 18, NSG 21, NSG 22, NSG 23, NSG 24

Unit(s): 1.00

Lecture: 17.00 Contact hours/34.00 Out of class hours/51.00 Total hours/1.00 Unit(s)

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Course Description: This course focuses on developing therapeutic communication skills in all aspects of nursing care. Nursing process as it applies to interpersonal communication and personality development theory will be integrated throughout course. Graded only.

Objectives

Upon successful completion of this course, the student should be able to:

1. Describe the process and techniques of basic interpersonal communication.
2. Identify three personality development theories and discuss how they effect the communication process.
3. Utilize the nursing process in communicating with hospitalized clients.

Course Content

Topic Titles / Suggested Time Topic	
	<u>Lecture</u>
<u>Topics</u>	<u>Lec Hrs</u>
Introduction to Role Development	2.00
Personality Development	3.00
Lateral Violence	2.00
Caring	2.00
Interpersonal and Therapeutic Communication	4.00
Intercultural Communication	4.00
Total Hours: 17.00	

Methods of Instruction

- A. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- B. Assigned Readings
 - Lecture/Discussion
 - Student Presentations

Methods of Evaluation

- A. In Class Assignments, Papers/Reports, Written Tests, Class Presentations

Examples of Assignments

Reading Assignments

1. Read the chapter on therapeutic interactions in your textbook. Come to class prepared to discuss therapeutic interactions with hospitalized patients.
2. Read the chapter on stress disorders in your textbook. Come to class prepared to discuss these theories.

Writing Assignments

1. Complete the case study on role development handed out in class. Identify and develop to nursing diagnoses with independent and dependent interventions.
2. Given a set of patient assessment data, organize the data in a body systems format, Maslow's hierarchy of needs, and functional health patterns. Using information from class analyze the strengths and weaknesses of each of these formats applied to hospitalized patients.

Out-of-Class Assignments

1. Therapeutic Communication: Process Recording. Using the handout from class write down verbatim a communication session with a client. Using information from class, analyze each of your communications.
2. Complete the Holmes and Rahe Social Readjustment rating scale.

Recommended Materials of Instruction

Dahlkemper, D. (2017). Nursing Leadership, Management and Professional Practice for the LPN/LVN in Nursing. *Philadelphia: F.A. Davis, 6th.*

Other Learning Materials

Handouts and Chapter packets given in class

Minimum Qualifications

Licensed Vocational Nursing

Nursing (Masters Required)

Created/Revised by: Craig, Susan

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