



## **NSG 21 - Clinical Nursing I**

### **Catalog Description**

**Transfer Status:** CSU

**Prerequisite:** Admission to Vocational Nursing Program

**Corequisite:** NSG 18, NSG 22, NSG 23, NSG 24, NSG 28

**Unit(s):** 7.00

**Lab:** 357.00 Contact hours/0.00 Out of class hours/357.00 Total hours/7.00 Unit(s)

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**Course Description:** In this course students apply fundamental nursing skills and provide client care for adults. The course provides the opportunity to apply didactic information from concurrent nursing courses to the clinical setting. Pass/No Pass only.

### **Objectives**

Upon successful completion of this course, the student should be able to:

1. Demonstrate skill in performing selected nursing procedures required to meet the client's basic needs for personal hygiene, comfort, and safety in the setting of a therapeutic environment while observing patient rights.
2. Utilize appropriate communication skills to work effectively with health team members to provide individualized and culturally appropriate nursing care.
3. Administer medications safely.
4. Follow legal standards of practice.
5. Present a professional image.
6. Demonstrate ability to accurately assess client vital signs and recognize other basic signs of life.
7. Recognize verbal and nonverbal signs of pain and identify appropriate nursing interventions used to control pain.
8. Demonstrate the ability to use safe body mechanics, applying principles of nursing care to increase or maintain a client's level of mobility and prevent and control the complications of immobility.
9. Apply principles of nursing care to maintain skin integrity and promote healing.
10. Demonstrate the principles of standard infection control in the clinical setting.
11. List client intake and output components and accurately perform and record measurements of intake and output.
12. Utilize the nursing process when carrying out nursing skills.
13. Maintain client confidentiality according to HIPAA and institutional regulations.

### **Course Content**

| <b>Topic Titles / Suggested Time Topic</b>                                                                                                                                                                                                                                                                 |                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Topics</b>                                                                                                                                                                                                                                                                                              | <b>Lab Hrs</b> |
| Weeks 1-7 (7 weeks/21 hours per week). On campus in the skills' laboratory practicing fundamental skills: patient hygiene, medication administration, vital signs, physical assessment, patient mobility.                                                                                                  | 147.00         |
| Weeks 8-17 (10 weeks/21 hours per week). Clinical practicum at local area hospitals using the following skills to care for patients in the clinical setting: patient hygiene, therapeutic communication, vital signs, physical assessment, patient mobility, intake and output, medication administration. | 210.00         |
| <b>Total Hours: 357.00</b>                                                                                                                                                                                                                                                                                 |                |

### **Methods of Instruction**

- A. Field Experience/Internship
- B. Skills laboratory practicing fundamental nursing skills, instructor-supervised care of clients, nursing assessments, patient care, plans, post conferences, and written clinical case study packet.

### **Methods of Evaluation**

- A. Demonstration
- B. Performance Examinations
- C. Class Discussion
- D. Group Participation
- E. Return Demonstration of Selected Procedures, Clinical Worksheets, Written Assignments, Clinical Evaluation

## Examples of Assignments

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### Reading Assignments

1. Read Carpenito-Moyet, Nursing Diagnosis: Application to Clinical Practice in order to fill in appropriate nursing diagnoses on clinical paperwork for clients in the clinical setting.
2. Read Fundamentals of Nursing text for description of specific nursing skills prior to practicing these skills in the hospital lab practicum.

### Writing Assignments

1. Given a vignette of a specific client, role play symptoms and write a full narrative assessment. Use the nursing process to determine nursing diagnosis problem statements for the client.
2. Complete chart search, physical assessment, medication and treatment review for each client you are assigned to care for in the clinical setting.

### Recommended Materials of Instruction

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Deglin, J., & Vallerand, A. (2023). Davis's Drug Guide for Nurses. *F. A. Davis, 18th*. 9781719646406.

Treas, L. et. al. (2022). Basic Nursing: Thinking, Doing, and Caring. *F. A. Davis, 3rd*. 9781719642071.

Harding, M. et. al. (2023). Lewis' Medical Surgical Nursing: Assessment and Management of Clinical Problems. *Mosby, 12th*. 9780323792424.

Carpenito-Moyet, L. (2017). Nursing Diagnosis: Application to Clinical Practice. *Lippincott Williams and Wilkins, 15th*. 9781496338419.

Pagana, J. & Pagana, T. (2020). Mosby's Manual of Laboratory and Diagnostic Tests. *Mosby, 7th*. 9780323697033.

Venes, D. (2021). Taber's Cyclopedic Medical Dictionary. *F.A. Davis, 24th*. 9781719642859.

Frandsen, G, et. al. (2020). Abrams' Clinical Drug Therapy Rationales for Nursing Practice. *Wolters Kluwer, 12th*. 9781975136130.

Harding, M. et. al. (2023). Clinical Companion to Lewis' Medical Surgical Nursing. *Mosby, 12th*. 9780323551557.

Olsen, J.L., et. al. (2022). Medical Dosage Calculations: A Dimensional Analysis Approach. *Pearson, Updated 11th*. 9780136877127.

Smith-Temple, J. (2009). Nurse's Guide to Clinical Procedures. *Lippincott, Williams, and Wilkins, 6th*. 9780781777957.

### Minimum Qualifications

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Licensed Vocational Nursing

Nursing Sci/Clinical Practice

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**Created/Revised by:** Bowles, Laurie

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