



Course Outline

2026-2027 Catalog

KIN 61 - Golf

Catalog Description

Transfer Status: CSU/UC

Unit(s): 1.50

Activity: 51.00 Contact hours/25.50 Out of class hours/76.50 Total hours/1.50 Unit(s)

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Course Description: This course provides instruction in the fundamental skills of golf. Emphasis will be placed on proper grip, stance, swing, rules, and scoring. Students will also learn the etiquette of the game, correct use of various clubs and their flight trajectories.

Objectives

Upon successful completion of this course, the student should be able to:

1. demonstrate improvement in the basic skills of: grip, stance, chipping, pitching, play, and safety.
2. list and describe the basic rules of golf.
3. demonstrate the basic mechanics of the golf swing.
4. compare and contrast strategies related to game play.

Course Content

Topic Titles / Suggested Time Topic		
<u>Lecture/Activity</u>		
<u>Topics</u>	<u>Lec Hrs</u>	<u>Act Hrs</u>
Orientation and Equipment		4.00
Grip, Stance, Swing, and Safety		6.00
Short Irons		7.00
Chipping and Pitching		7.00
Golf Terms		3.00
Putting and Sand Shots		6.00
Middle Irons		6.00
Long Irons		5.00
Woods		3.00
Special and Trouble Shots		4.00
Total Hours:		0.00 51.00

Methods of Instruction

- A. Demonstrations
- B. Discussion
- C. Homework: Students are required to complete one hour of outside-of-class homework for every two hours of activity
- D. Multimedia Presentations
- E. Drill/Practical

Methods of Evaluation

- A. Quizzes
- B. Class participation
- C. Written Assignments
- D. Written or Oral Examinations
- E. Practical Evaluations
- F. Mid-term and final examinations

Examples of Assignments

Reading Assignments

1. Read a minimum of two articles describing proper conduct on and off of the golf course and be prepared to discuss in class.
2. Research an article that outlines the history of golf and the impact it has had on society. Plan to discuss findings in class.

Writing Assignments

1. List each type of golf club and provide a brief description or examples of how you would use them on the course.

2. Write a paper discussing golf swing fundamentals. Paper should include works cited and be 1-2 pages in length.

Out-of-Class Assignments

1. View a major golf event and report your observations of the rules, conduct, and techniques.
2. Perform a portion of your practice plan (minimum 2 weeks) and maintain a journal documenting changes in swing mechanics and play.

Recommended Materials of Instruction

Other Learning Materials

Other materials and/or equipment will be provided by the department.

The student will be required to provide:

- a. Athletic apparel (loose fitting clothing, sweatpants, loose fitting t-shirts)
- b. Golf or court shoes

Minimum Qualifications

Coaching

Physical Education (Masters Required)

Created/Revised by: Jordan, Jeffrey

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