



Course Outline

2026-2027 Catalog

KIN 39 - Ballroom Dance II

Catalog Description

Transfer Status: CSU/UC

Unit(s): 1.50

Activity: 51.00 Contact hours/25.50 Out of class hours/76.50 Total hours/1.50 Unit(s)

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Course Description: This course is a continuation of Ballroom Dance I, emphasizing style and techniques. This course will also introduce the concepts of musicality, choreography and student creativity with focus on intermediate dance and social skills.

Objectives

Upon successful completion of this course, the student should be able to:

1. recognize three-count, four-count, and syncopated rhythms of dance.
2. demonstrate partnering skills such as cues, leading steps, positions, directions, and tempo.
3. perform intermediate skills and techniques of specific dances such as the Waltz, Jitterbug, Tango, and Swing.
4. create choreographed patterns and variations based on an understanding of musicality.
5. apply social and communication skills with both individual dance partners as well as with small groups for development of choreography.

Course Content

Topic Titles / Suggested Time Topic			
<u>Lecture/Activity</u>			
<u>Topics</u>		<u>Lec Hrs</u>	<u>Act Hrs</u>
Class orientation			3.00
Skill and technique evaluations			4.50
Warm-up and safety methods			3.00
Handwork and footwork for advanced spins and turns			6.00
Advanced syncopation for ballroom dances			6.00
Self correction and peer critique			4.50
Introduction to choreography (couples)			6.00
Variations, combinations and patterns			6.00
Group choreography			6.00
Review dances			6.00
Total Hours:		0.00	51.00

Methods of Instruction

- A. Demonstrations
- B. Discussion
- C. Homework: Students are required to complete one hour of outside-of-class homework for every two hours of activity
- D. Multimedia Presentations

Methods of Evaluation

- A. Demonstration
- B. Journal
- C. Class participation
- D. Written Assignments
- E. Written or Oral Examinations
- F. Practical Evaluations

Examples of Assignments

Reading Assignments

1. Read three articles that describe the concepts of choreography. Be prepared to discuss and apply information found to your small group work on patterns and variations.
2. Research information on partnering skills such as cues, positions, directions, lead steps and tempo. Be prepared to discuss in class.

Writing Assignments

1. Write a two page essay describing in detail three-count, four-count, and syncopated rhythms. Be prepared to make a five minute presentation on one of these rhythms in class.
2. Write a one page essay describing the concepts of musicality, including rhythm, melody, and mood. Choose one aspect that you most enjoy to discuss in class.

Out-of-Class Assignments

1. Attend a dance concert or musical production and critique footwork and handwork, posture, positioning, holds and balance, and choreography. Be prepared to share highlights of your evaluation in class.
2. View at least three videos online demonstrating ballroom dance syncopations. Be prepared to discuss and practice in class.

Recommended Materials of Instruction

Other Learning Materials

Dance apparel (comfortable clothing that allows for movement)

Athletic or dance shoes

Minimum Qualifications

Coaching

Physical Education (Masters Required)

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