



Course Outline

2026-2027 Catalog

COS 11 - Health, Safety and Sanitation Practicum

Catalog Description

Transfer Status: CSU

Prerequisite: COS 10 (or concurrent enrollment)

Unit(s): 1.00

Lab: 51.00 Contact hours/0.00 Out of class hours/51.00 Total hours/1.00 Unit(s)

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Course Description: This course will teach procedural application of standard health, safety, and sanitation practices in Cosmetology, Barbering, Manicuring, Hairstyling and Esthetics. Emphasis will be placed on the practice of Disinfection and Health standards required by the California State Board of Barbering and Cosmetology for practice and licensing in the beauty industry. Students will practice and demonstrate State Board disinfection and sanitation for beauty professionals while servicing the public. This course is designed toward preparation for the California Board of Barbering and Cosmetology exam.

Objectives

Upon successful completion of this course, the student should be able to:

1. Develop and demonstrate appropriate consultation techniques while using correct safety procedures and utilizing the needs assessment.
2. Demonstrate a habit and consistent practice of disinfection and sanitation standards set by the Board of Barbering and Cosmetology.
3. Demonstrate protocols and processes involved in salon health safety and sanitation practices.
4. Identify inspection protocols for the Board of Barbering and Cosmetology.

Course Content

Topic Titles / Suggested Time Topic	
Topics	Lab Hrs
Health and Safety	17.00
• Update cleaning logbooks as per state regulations for all working areas in the salon setting • Know how to handle client injury caused by slips and falls • Demonstrate ability to manage blood spill incidents • Demonstrate proper use of PPE (personal protective equipment) for specific client services • Understand and know when to use eyewash equipment • Understand how to safely handle burn incidents (client-care and self-care) • Demonstrate proper ergonomics related to cosmetology and the barbering industry	17.00
Needs Assessment	17.00
• Assessing clients' needs and working within the Scope of Practice in a safe, responsible manner • Assessing client services and knowing when to refer to a medical professional • Identifying contraindication that prevents safe client services	
Disinfection and Sanitation	17.00
• Demonstrate proper and safe disinfection practices for all tools and surfaces • Demonstrate habitual and consistent disinfection and sanitation practices appropriate to Cosmetology, Barbering, Manicuring, Hairstyling and Esthetics	
Total Hours: 51.00	

Methods of Instruction

- A. Class Activities
- B. Instructor Demonstrations
- C. Laboratory Experiments
- D. Multimedia Presentations
- E. Problem-Solving Sessions

Methods of Evaluation

- A. Quizzes
- B. Demonstration

- C. Class participation
- D. Performance Examinations
- E. Practical Evaluations
- F. Mid-term and final examinations
- G. Test Scores: Students must maintain a 75% average on all written and practical exams as recommended by the California State Board of Barbering and Cosmetology

Examples of Assignments

Reading Assignments

1. Read Chapter 5 on Infection Control in the course textbook. Be prepared to discuss in class.
2. Read selected chapters from Tabatha Coffey "Own-It". Be prepared to discuss with the class.

Writing Assignments

1. Develop a material data and safety notebook listing cosmetic supplies used in the salon workplace.
2. Write an essay highlighting expectations of safe and sanitary practices of a salon owner/entrepreneur highlighted by Tabatha Coffey's "Own-It"

Recommended Materials of Instruction

Milady. (2023). Milady's Standard Cosmetology with Standard Foundations + Student Workbook for Milady Standard Foundations + Workbook for Milady's Standard Cosmetology. *Cengage*, 14th. 9780357925256.

Minimum Qualifications

Cosmetology

Created/Revised by: Flores, Felicia

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