## Certified Nursing Assistant/Home Health Aide

### Career/Technical
- **Certificate in Acute Care Nurse Assistant**
- **Certificate in Certified Nursing Assistant**
- **Certificate in Home Health Aide**

Certified Nursing Assistant/Home Health Aide Program
Susan Craig, Chair (530) 879-4338  
Department Office: AHPS 215, (530) 895-2328  
Counseling and Advising: (530) 895-2378

### About the Program
The Certified Nursing Assistant/Home Health Aide program is designed to prepare students for state certification as a Nursing Assistant. Students undergo a minimum of 190 hours of instruction: 82 hours of theory, and 108 hours of supervised clinical instruction in a nursing facility. The program is scheduled in a 12 week, three days per week format, with students attending classes eight hours per day. Successful completion of the program makes students eligible to take the written and manual skills test for state certification.

### Career Opportunities
The rapidly growing need for skilled health personnel provides good employment opportunities for Certified Nursing Assistants and Home Health Aides. Positions are found in general and convalescent hospitals, physicians’ offices, private homes, community health agencies and in industry.

### Admission to the Program
This program requires special admission. To enroll, potential students should contact the Allied Health Department at (530) 895-2328 to get necessary paperwork.

Note that some courses have a prerequisite (P), corequisite (C), or both (P/C). Prerequisites and corequisites are listed within each course description in this catalog.

### Certificate in Acute Care Nurse Assistant 4 Units

#### Student Learning Outcomes
Upon successful completion of this program, the student will be able to:

- Describe the limitations of the acute care nurse assistant with respect to the Scope of Practice guidelines.
- Practice effective communication and documentation skills in the acute care setting.
- Describe knowledge and understanding of a safe and secure environment for patients in the acute care setting. This includes ensuring the patient's room is free of hazards that might impede mobility and safety, as well as the provision of physical comfort.
- Demonstrate and practice safe and effective care of the surgical patient.
- Collaborate with nursing staff to formulate an appropriate plan of care for the patient with disorder of the major body systems: gastrointestinal, renal, reproductive, endocrine, cardiovascular, and respiratory.
- Identify and follow proper procedures for providing appropriate care for the orthopedic, oncology, pediatric and/or dying patient.

#### Required courses for the certificate:
- **NSG 202 Acute Care Nurse Assistant (P)** 4

### Certificate in Certified Nursing Assistant 6.5 Units

#### Student Learning Outcomes
Upon successful completion of this program, the student will be able to:

- Describe and provide safe and competent personal care and procedures to clients in a long-term care setting.
- Apply safety, cleanliness and infection control nursing measures.
- Utilize professional and therapeutic communication techniques and prepare complete and correct documentation of care delivered.
- Identify and apply legal and ethical principles related to the role of the nursing assistant and the rights of residents.
- Describe quality of life issues, common long-term diseases/conditions, and related nursing care and rehabilitation techniques.
- Describe basic principles of nutrition and types of therapeutic diets.
- Correctly calculate mathematical problems related to the CNA nursing role and care.

#### Required courses for the certificate:
- **NSG 200 Certified Nurses Aide Basic Nursing Care, Theory (P/C) 3.5**
- **NSG 201 Certified Nurses Aide Basic Nursing Care, Clinical (C) 3**

### Certificate in Home Health Aide 1.5 Units

#### Student Learning Outcomes
Upon successful completion of this program, the student will be able to:

- Describe and provide safe and competent personal care, procedures and interventions to clients in a home care setting.
- Apply safety, cleanliness and infection control nursing measures in the home care setting.
- Utilize professional and therapeutic communication techniques and prepare complete and correct documentation of care delivered in the home care setting.
- Identify and apply legal and ethical principals related to the role of the nursing assistant and the rights of residents in home care settings.
- Describe quality of life issues, the impact of common long-term diseases/conditions, and related nursing care and rehabilitation techniques utilized in the home care setting.
- Describe basic principles of nutrition, food selection, storage, and planning/preparation of different types of therapeutic diets for the home care setting.
- Correctly calculate mathematical problems related to the CNA nursing role and care in the home care setting.

#### Required courses for the certificate:
- **NSG 205 Home Health for the Certified Nurses Aide (CNA) (P) 1.5**