

The Butte College Foster/Kinship Education Program Presents Trainer: Russ Hansen, LMFT

Tuesday Evening Workshops 5:30pm to 8:30pm

Location: The Paradise Ridge Family Resource Center
6249 Skyway Paradise, CA 95969

Active Parenting “The Teen Series”

The conventional wisdom about parenting teenagers seems to be that it is a necessary evil, something to be dreaded, feared and undertaken with all the enthusiasm of a root canal without Novocain. The jokes about parenting teenagers are all negative: “It’s like trying to nail Jell-o to a tree;” “It explains why some animals eat their young;” There’s nothing wrong with teenagers that reasoning with them won’t aggravate.” The statistics on teen drug use, pregnancy, delinquency, and even suicide are enough to give any concerned parent pause for reflection. Although we can never guarantee our children’s success, we want to know in our hearts that we have given them our best efforts. Part of giving our best means tackling the job of parenting teens like we would any other job that is both important and difficult; with training and support. For too long, however, our society has treated parenting as if it was either easy or unimportant, and parents have had to fend for themselves. Without training, families often experience frustration and conflict, and they’re left wondering what went wrong.

Fortunately, there are answers. Parents and parent-education professionals have learned a lot over the years about what works and doesn’t work with teenagers. In this series of trainings Russ will be presenting the latest information available on raising teens and he will give information on many of the issues that can challenge anyone dealing with teens. Come expecting to gain knowledge that will help you feel empowered to have success with teens in your care.

2012 Dates:

July	24	1/10	The Active Parent; Winning Cooperation
NO CLASS JULY 31, 2012			
August	07	2/10	Conflict, Communication and Relationship Skills
August	14	3/10	Responsibility and Discipline; Teaching Anger Management
August	21	4/10	Emotional Intelligence; Building Courage, Re-directing Misbehavior
August	28	5/10	Teen Eating Disorders & Cutting, Self Mutilation & Suicidal Behavior
September	04	6/10	Drugs, Sexuality and Violence: Reducing The Risks
September	11	7/10	School Violence and Bullying & Sexual Identity Issues for Teens
September	18	8/10	Toxic Relationships and Sexual Harassment
September	25	9/10	Preventing Teen Pregnancy
October	02	10/10	Review of the Active Parent; Wrap it up and take it home

Please call Butte College Foster/Kinship Care Education at 530-897-6235 to sign-up for any of these classes. **If you are new to the program or have not attended training recently please arrive 15 minutes early to fill out mandatory paperwork or fill it out from the website and bring it with you. www.butte.edu/careerservices/fosterkinship/**
Or go to www.butte.edu/careerservices and click on Foster/Kinship Care Education Program



Thanks for your cooperation, it really helps!! Choose Your Attitude AND Make It A Great Day!!

