

The Butte College Foster/Kinship Care Education Program Presents:

PARENT EDUCATION TRAINING AVAILABLE WEEKLY IN OROVILLE

Susan Patricio MS, RN will present:

Becoming Brain Smart

The Conscious Discipline Brain State Model
Based on the work of Dr. Becky Bailey

When: Monday Mornings 9am to noon (dates listed below)

Where: The Greater Oroville Family Resource Center
1720 Daryl Porter Way Oroville, CA 95966

This 6 week “Becoming Brain Smart” series, created from the Conscious Discipline concepts of Dr. Becky Bailey, is designed to empower parents and educators with tools to enhance emotional intelligence and influence their ability to respond rather than react to life events. In this workshop, you will learn

- Brain states and their relevance to behavior.
- Four brain smart principles that help us change for the better.
- The Conscious Discipline Brain State Model.
- Tools to help us manage our emotions.
- Tools to help children manage their emotions.
- How and why connection is the core of discipline.

Dates

June 25, 2012
July 02, 2012
July 09, 2012
July 16, 2012
July 23, 2012
July 30, 2012

Class Focus

Overview on Becoming Brain Smart
Understanding brain states
Applying Brain Smart principles
Keeping Brain Smart tools sharp
Be a STAR with Brain Smart
Becoming Brain Smart for life

Please call Butte College Foster/Kinship Care Education at 530-897-6235 to sign-up for any of these classes. **If you are new to the program or have not attended training recently please arrive 20 minutes early to fill out mandatory paperwork or fill it out from the website and bring it with you.** www.butte.edu/careerservices/fosterkinship/

Or go to www.butte.edu/careerservices and click on Foster/Kinship Care Education Program

😊😊 Thanks for your cooperation, it really helps!! Choose Your Attitude AND Make It A Great Day!! 😊😊