

# The Butte College Foster/Kinship Care Education Program Presents:

## A Workshop Featuring Trainers: Ric Newton & Shawntel Newton

**Ric Newton**, a native of Chico, received his AA degree from the San Francisco College of Mortuary Science, a BA degree in Sociology and a Master's degree with distinction in Social Science from Cal State University, Chico where he is an adjunct professor. He has done research in grief, widowhood, children and funerals and his work has been published in several professional journals. His lectures on loss and grief have been presented locally and throughout the United States. Ric's warm style invites participation and a positive attitude towards learning.

**Shawntel Newton**, was born and raised in Chico and received her AS degree from American River College of Mortuary Science in 2009. That next year Shawntel was on a national reality television show called, The Bachelor, where she traveled all across the world and even had the chance to bring the bachelor back to Chico. Shawntel is now finishing school to get into a master's program to receive her marriage and family counseling license with an emphasis on grief and loss. Shawntel has currently published a book titled, "Final Rose." She continues to give professional talks around California in regards to her book, grief and loss and her experience on the show.

Date: March 10, 2012

Time: 9am to 4pm with a 1 hour lunch break

Location: 2491 Carmichael Drive Suite 300 Chico, 95928

## ***Grief: Healing From Loss***

### Description:

We experience many losses through life. From accepting a new sibling to experiencing a serious illness, divorce or death of a loved one, we all grieve. Although grief is a universal normal reaction to loss there are many complexities associated with grieving. We live in a society where people are expected to "get-over" their loss quickly, but this is not realistic. That is, healing grief is a process not an event. Parents, educators and caregivers need to better understand the grieving process and validate and encourage themselves and others to express their grief in meaningful ways. In doing so, people are more capable of reconciling their losses. This workshop will offer a hands-on, interactive, sociological and psychological approach on healing from loss.

### Purpose:

The purpose of this workshop is to help individuals and caregivers become more familiar with issues surrounding loss and grief and provide helpful ways of coping with loss.

### Objectives:

We will learn about:

- Social attitudes and a new understanding of grief
- Attachment and separation
- The grieving process
- Youth and Grief
- Tasks of healing from a loss
- How to help those who are grieving

By reviewing these objectives, you will learn to deal more effectively with your own losses and discover new ways of helping others.

Please call Butte College Foster/Kinship Care Education at 530-897-6235 to sign-up for any of these classes. **If you are new to the program or have not attended training recently please arrive 15 minutes early to fill out mandatory paperwork or fill it out from the website and bring it with you.** [www.butte.edu/services/student/career/fostercare/](http://www.butte.edu/services/student/career/fostercare/)

😊😊😊 Thanks for your cooperation, it really helps!! Choose Your Attitude AND Make It A Great Day!! 😊😊😊